

Attachment H – Prevention Interventions



ATTACHMENT H – PREVENTION INTERVENTIONS

PREVENTIVE INTERVENTIONS Evidence-based Practices, Policies, and Programs (EBPPP) for Partnership for Success High Need Community Grant Strategic Plans				
Selections need to address youth ages 12 to 18, target substance use, and be adapted in a community setting as part of a comprehensive action plan.				
Name	IOM Category	Brief Description	Outcomes	
EBPPPs for Youth and Families			Alc	MJ
Hip-Hop 2 Prevent Substance Abuse and HIV	Universal - Direct or Selective	Focused on ages 12 to 16 to reduce or prevent substance use and risky sexual activity. There are four sessions in a traditional setting or six in a three day retreat setting.	Affects risk factors	
Project ALERT	Universal - Direct or Selective	This is a 14 lesson prevention program for middle or junior high school students that focuses on alcohol, tobacco, and other drug use.	Y	Y
Too Good for Drugs	Universal - Direct or Selective	Skill development is at the core of Too Good for Drugs, a universal prevention program designed to mitigate the risk factors and enhance protective factors related to alcohol, tobacco, and other drug (ATOD) use. The program introduces and develops social and emotional skills for making healthy choices, building positive friendships, communicating effectively, and resisting peer pressure. Too Good for Drugs teaches five essential social and emotional learning skills, which research has linked with healthy development and academic success.	Y	Y
Guiding Good Choices	Universal	Drug use prevention program that provides parents of children in grades 4 through 8 (9 to 14 years old) with the knowledge and skills needed to guide their children through early adolescence.	Y	Y

Name	IOM Category	Brief Descripti
DBH Required Community-Level Environmental Strategy		

Alternative Events	Universal - Indirect	This event/series of events will provide alternate drug and alcohol free events to the youth as a protective factor from substance use. The event will be geared towards activities for youth that will include recreational activities as well as education and information dissemination around substance use prevention. These activities would be implemented, once approved in the work plan.
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DBH <i>Optional</i> Community-Level Environmental Strategies		
Public Education	Universal - Indirect	Strategy designed to increase the public’s knowledge and awareness of substance use prevention and specific local conditions which characterize why youth are engaging in this risky health behavior. (source: https://www.samhsa.gov/capt/practicing-effective-prevention/prevention- approaches)
Social Media Outreach & Education	Universal - Indirect	Strategy which uses” advertising principles to change social norms and promote healthy behaviors. Like public education through social media channels to message targeted groups of individuals. These social media messaging campaign should aim to do more than just provide information. They should also try to persuade people to adopt a new behavior by showing them the benefit they’ll gain by doing so.” (source https://www.samhsa.gov/capt/practicing-
Photovoice Implementation and Exhibition	Universal - Indirect	Program trained by national organization CADCA and their certified trainers; Photovoice course teaches photography and caption writing as a means for advocacy and data collection for promising outcomes regarding substance use prevention. Photovoice projects completed regarding alcohol, tobacco and other drugs (ATOD) have successes in creating community changes, both nationwide and in DC when implemented and exhibited to key populations of youth and adults. Both the photography and captioning in conjunction with exhibiting in key locations is a two-part approach to an effective environmental strategy.